

CREATIVE CORNER:

Post Traumatic Growth

Aymen Zeeshan

Post traumatic growth depicted the grief growth model of dealing with grief; it highlighted the drastic difference between the pre growth state of grief and post traumatic growth state. The pre growth phase of grief is painted with lone gloom visibly the pathetic and compromised where any signs of growth are absent while post traumatic growth phase is painted in bliss blooming beyond imagination. Image tells that growth makes its own space once decided for.



This artwork was painted as an entry to art exhibition held at her school when she was around 11 years old. It is made in acrylic on canvas. She has interests in thematic art.